

WEEKLY POOL SCHEDULE November 18th – November 24th 2024

DAY	PUBLIC ADULT LANE SWIM	AQUACISE (S) = Shallow (D) = Deep 2-3 Lanes closed for each Aquacise class
MONDAY Nov 18	7:45am – 2:00pm (SC) 3:30pm – 4:30pm (SC)	(S) 10:00am – 11:00am (Maureen) (S) 12:15pm – 1:00pm (No Class)
TUESDAY Nov 19	7:45am – 2:00pm (SC) 3:30pm – 5:00pm (SC) Deep Lanes Only from 4:30pm -5:00pm 8:30pm – 9:30pm (SC)	(S) 10:00am – 11:00am (Maureen) (D) 12:15pm – 1:00pm (No Instructor) (D) 5:30pm – 6:30pm (Adele)
WEDNESDAY Nov 20	7:45am – 2:00pm (SC) 3:30pm – 4:30pm (SC)	(S) 10:00am – 11:00am (Maureen) (S) 12:15pm – 1:00pm (Nancy)
THURSDAY Nov 21	7:45am – 2:00pm (SC) 3:30pm – 4:30pm (SC) 8:30pm – 9:30pm (SC)	(S) 10:00am – 11:00am (Maureen) (D) 12:15pm – 1:00pm (Nancy)
FRIDAY Nov 22	7:45am – 2:00pm (SC) 3:30pm – 4:30pm (SC)	(S) 10:00am – 11:00am (Nancy) (S) 12:15pm – 1:00pm (Nancy)
SATURDAY Nov 23	6:30pm – 7:30pm (LC) All Gender Swim	NO CLASS
SUNDAY Nov 24	No Public Swimming	(D) 5:45pm – 6:30pm (Nancy)

Centennial Pool - 1970 Gottingen St, Halifax, NS - T: (902) 490-7219

(SC) = Short Course Lanes (LC) = Long Course Lanes