

WEEKLY POOL SCHEDULE September 9th – September 15th 2024

Centennial Pool - 1970 Gottingen St, Halifax, NS - T: (902) 490-7219

DAY	PUBLIC ADULT LANE SWIM	AQUACISE (S) = Shallow (D) = Deep 2-3 Lanes closed for each Aquacise class
MONDAY Sept 9	7:45am – 2:00pm (SC) 3:30pm – 7:30pm (SC) Deep Lanes Only from 7:00pm – 7:30pm	(S) 10:00am – 11:00am (Maureen) (S) 12:15pm – 1:00pm (Maureen)
TUESDAY Sept 10	7:45am – 2:00pm (SC) 3:30pm – 5:30pm (SC) Deep Lanes Only from 4:30pm -5:30pm 8:30pm – 9:30pm (SC)	(S) 10:00am – 11:00am (Maureen) (D) 12:15pm – 1:00pm (Hugh) (D) 5:30pm – 6:30pm (Adele)
WEDNESDAY Sept 11	7:45am – 2:00pm (SC) 3:30pm – 4:30pm (SC)	(S) 10:00am – 11:00am (Maureen) (S) 12:15pm – 1:00pm (Nancy)
THURSDAY Sept 12	7:45am – 2:00pm (SC) 3:30pm – 4:30pm (SC) 8:30pm – 9:30pm (SC)	(S) 10:00am – 11:00am (Maureen) (D) 12:15pm – 1:00pm (Hugh)
FRIDAY Sept 13	7:45am – 2:00pm (SC) 3:30pm – 4:30pm (SC)	(S) 10:00am – 11:00am (Nancy) (S) 12:15pm – 1:00pm (Nancy)
SATURDAY Sept 14	1:30pm – 5:00pm (SC) 5:30pm – 6:30pm (LC) 6:30pm – 7:30pm (LC) All Gender Swim	NO CLASS
SUNDAY Sept 15	10:45am – 6:15pm (SC)	NO CLASS

(SC) = Short Course Lanes (LC) = Long Course Lanes